



“CLEARING BARRIERS TO PEAK PERFORMANCE” (2+ HOURS)

Audience: Unlike the other team building programs, this program is not for all teams and not necessarily for all members of the team. It is a higher level program that requires that all participating team members have a healthy self-esteem and will welcome and constructively use feedback from their colleagues in order to develop themselves further. Rather than running the program for some team members and leaving others out, it is best to ensure that all team members are ready for this level of program and then involving the whole team. Team Leaders are essential.

Venue: Highly desirable but not essential to be in suitable venue away from the workplace. Also needs a big enough room or areas for participants to pair off and talk privately.

This program is aimed at taking the participating team members to a higher level of self-appraisal, self-empowerment and bonding with their colleagues. The effect of this is to create a strong sense of community within the team and thereby create a stronger platform for higher individual and team performance.

It aims to equip the participating team members with the honest evaluation and positive communication tools to perform at the highest possible performance level. It also aims to empower them to continue advancing and not fall back into complacency.

The program involves each participating team member giving accurate feedback to each of their colleagues on the strengths that they bring to the team and the weaknesses that if improved, could enhance the performance of that team member and thereby advance the team’s performance.

The program works to clear any negativity in a team, to empower each team member to lift their performance markedly, and to bind the team into a tight, cohesive unit.